



STATE of MINNESOTA

Proclamation

- WHEREAS: Maternal mental health is an issue of great concern to new parents, their families, and physicians; and
- WHEREAS: Many women are not adequately informed about, screened for, or treated for pregnancy and postpartum mood and anxiety disorders due to misunderstandings about the disorder, individuals being uninsured or underinsured, or lack of knowledge about where to receive care; and
- WHEREAS: Heightened awareness and increased education regarding the incidence of pregnancy and postpartum mood and anxiety disorders is critical for all Minnesotans; and
- WHEREAS: These disorders can affect women regardless of age, race, or income level; and
- WHEREAS: The effects of pregnancy and postpartum mood and anxiety disorders on parents can contribute significantly to adverse developmental and behavioral outcomes and attachment disorders in young children; and
- WHEREAS: Pregnancy and postpartum mood and anxiety disorders are highly treatable with therapeutic intervention, community-based supportive services, and medication; and
- WHEREAS: It is critical that service providers and community support systems have a greater understanding of pregnancy and postpartum mood and anxiety disorders in order to facilitate successful recovery.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim the month of May 2016, as:

MATERNAL MENTAL HEALTH AWARENESS MONTH

in the State of Minnesota.



Steve Pimm
SECRETARY OF STATE

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 29th day of April.

Mark Dayton
GOVERNOR

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